Saniderm or Equivalent Product Removal: The adhesive bandage can be kept on for 2-4 days as long as the bandage isn't compromised. Pooling underneath the bandage is normal. To remove, start with a corner and peel it back over itself. Running under warm water and using soap will also aid in removing the bandage. Proceed with regular washing routine.

Napkin instructions: Leave the first wrap on for up to four hours. The 'wrapping period' is the first 48 hours. During this time, you will wash your tattoo at least twice per day (morning and night), and then wrap before bed. Do not use Aquaphor or any other ointments or lotions during the wrapping period.

<u>Washing Your Tattoo</u>: Always wash your hands before washing/touching your tattoo. Remove the bandage, wash your hands and then gently rinse your tattoo with water that is as hot as you can comfortably handle. This will remove excess blood, plasma and surface ink. Next, wash with clear liquid soap and rinse with hot water. Dry with either a clean paper towel or let air dry for 15 minutes. Follow this washing routine twice a day; in the morning and evening.

<u>**Ointment and Lotion**</u>: After the tattoo is clean and dry, rub a small dab of ointment into the tattooed area like you would a lotion. A thin layer is desirable so that the tattoo can breathe. If you use too much, the ointment will attract dirt and create a breeding ground for bacteria.

As the tattoo heals, the top layers of skin will begin to flake/peel and the area may start to itch. This is normal. If scabs form, leave them alone and resist the urge to pick or scratch it. The less you touch or irritate your tattoo, the better it will heal.

Once the tattoo has completed the peeling process, continue the washing routine morning and night. After the area is dry, moisturize using unscented lotion. If your skin feels tight or dry, apply more lotion.

If your tattoo sticks to your sheets or clothes, do not remove immediately. Instead, run the fabric and tattoo under warm water until the tattoo becomes unstuck, then wash your hands and your tattoo.

***A tattoo is an investment. Take the time to care for it! It will take 4-6 weeks to completely heal. Do not submerge in water (swimming, hot tubs, baths, etc.) and avoid direct sunlight/tanning beds for 4-6 weeks. Use sunscreen regularly after it is healed to preserve your tattoo's vibrancy. Too much sun/tanning is terrible for your skin in general.

<u>Medical</u>: You may still donate blood or plasma within the standard deferral period if you present a copy of your release form to the donation facility. Release forms are kept on file for up to three years. Email, call or stop in to request a copy.

Seek medical attention if the tattoo site becomes infected or painful or if you develop a fever shortly after being tattooed.